

Stockton Collegiate International Schools

Mental Health Services Information

Stockton Collegiate recognizes that when unidentified and unaddressed, mental health challenges can lead to poor academic performance, increased likelihood of suspension and expulsion, chronic absenteeism, student attrition, homelessness, incarceration, and/or violence.

Access to mental health services helps improve the physical and emotional safety of students, helps address barriers to learning, and provides support so that all students can learn and achieve in school.

Resources at School:

- Counselors:
 Ms. Ayala 209-490-9857
 Ms. Lambert 209-292-4496
 Mr. Luna 209-292-0665
- Your child may contact a counselor directly by phone, through SmartPass, or by visiting the counselor's office.
- Any teacher or adult is available to help your child contact a counselor.

Resources in the Community:

- [#Stockton Strong](#)
 Links to local and national mental health resources.
- [Suicide and Crisis Lifeline:](#)
 Call **988**
- National Suicide Prevention Lifeline:
 1-800-273-TALK (8255)
- [Crisis Text Line](#)
 Live volunteer Crisis Counselor available 24/7.
 Text **HOME or HOLA** to **741741**
 <https://www.crisistextline.org>
- San Joaquin County Youth Warm Line:
 Daily 11:30 am to 8 pm excluding holidays
 209-468-3685
- [Community Medical Centers](#)
 Provides behavioral health and recovery services for those in need.
 Monday - Saturday 7:30 am - 7:30 pm
 209-940-5662
- [Childhelp](#)
 Provides 24/7 assistance in 170 languages with information and questions regarding child abuse. All calls are anonymous and confidential.
 1-800-4-ACHILD (224453)
- [National Domestic Violence Helpline](#)

1-800-799-SAFE

- [Help for Students in Crisis](#)
California Department of Education list of resources for mental health and wellness.
- [The Trevor Project](#)
24-hour crisis line for LGBTQ youth.
1-866-488-7386
Text **START** to 678678
- [The Trans Lifeline](#)
Resource for connecting trans people to the commit, support, and resources they need to survive and thrive.
1-877-565-8860